

Reminder:

27th March 2020

News from the Deputy Head Teacher

Wishing you all a very happy Friday and a big well done on getting through your first week of home learning.

It is at times like this that we all remember the meaning of community and that we are all in this together. It was wonderful last night at 8pm to hear that sense of community in the claps and sound of praises for our NHS workers who are doing a fantastic job looking after and caring for everyone. It is indeed a time of unsettlement and the unknown of what may happen next but it's events like last night, the messages of care and love to one another or a simple wave at a passer-by that can make us all feel connected and here for each other. As myself and Scribbles been driving to and from school this week, seeing the rainbows that children have put in their windows in the neighbourhood has certainly cheered up my day. I hear it is sunshine pictures next week, I'll look forward to spotting those on my drive.

I have enjoyed this week seeing what everyone has been getting up to on E-schools and other learning at home. On Monday, I'm sure like many of you, I started the week with the Joe Wick PE lesson. Myself, the rest of the team and the children with us at school had a great time following his squats, jumps and lunges although I must admit my legs were hurting the next day and so I opted for some peaceful yoga and meditation instead. I can see many of you have been busy planting, doing science experiments, painting, building, reading, practising your maths and writing stories as well as being super helpers around the house and helping mummy and daddy with various jobs. You've all done a great job accessing E-schools and continuing your learner at home. Please do send your teacher pictures of what you get up to, I have included some of these pictures on the back of the newsletter. Next week we will be showcasing the Easter Hats you have made, so please take a picture and send them to your teachers. Mrs Humphriss included some other great ideas on what you could get up to at home in her letters to you all at the beginning of the week. Some suggestions included:

- Creating a name for your home school, design and make a school badge and uniform.
- Try learning a new skill like cooking, sewing, gardening.
- Add in some creative time such as dancetime.
- Write a letter or postcard to a relative or an elderly person
- Decorate a window for a passer-by to see.

All the staff have been working hard updating activities, videos and discussions on E-school. This week I've seen many of the staff getting to grips with the video tools and recording themselves reading stories to their class. This is a nice way for the children to still see their teachers as we do miss seeing you all very much. We will continue to do all we can to stay in touch with you all either through letters, E-schools or checking in with you from time to time with a phone call.

"Hope is important because it can make the present moment less difficult to bear. If we believe that tomorrow will be better, we can bear a hardship today" Thich Nhat Hanh

Keep safe and miss you all,

Mrs Abernethy & Scribbles

Useful websites for home learning

- <https://www.worldofdavidwalliams.com/elevenses/> - Listen to David Walliams reading a story at 11am every day.
- [YouTube—The Body Coach TV](https://www.youtube.com/watch?v=...) - Joe Wick's daily PE lesson, live at 9am but you can watch at any time.
- <https://stories.audible.com/discovery> - a wide range of audio books, downloadable for free.
- <https://www.scouts.org.uk/the-great-indoors/> - lots of creative, indoor activities you can do.
- [YouTube—Myleene's Music Klass](https://www.youtube.com/watch?v=...) - weekly music lessons with Myleene Klass.

Warwickshire School Health and Wellbeing Services

The school health and wellbeing team can be contacted in the following ways if support and advice is needed:

- Parents/carers can call the service on **03300 245 204** or text Parentline on **07520 619 376**.
- Young people aged 11-19 can text ChatHealth on **07507 331 525** (see attached for ChatHealth poster).
- These services are available Monday-Thursday 9am-5pm and Friday 9am-4.30pm.

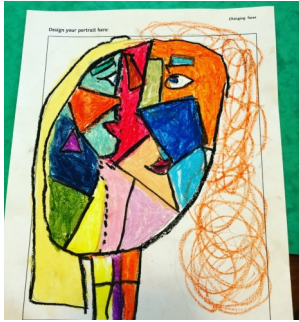
Our service webpage contains useful information for children, young people and their families and will be updated with the latest information and advice from our service: <https://www.compass-uk.org/services/warwickshire-school-health-wellbeing-service/>

Support and information is also available from the Family Information Service (FIS) - <https://www.warwickshire.gov.uk/fis>

The only reasons to leave home are to:

- ✓ shop for basic necessities, pick up medicine, travel to work when you absolutely cannot work from home and exercise once a day – alone or with members of your household.
- ✗ Do not meet others, even friends or family.

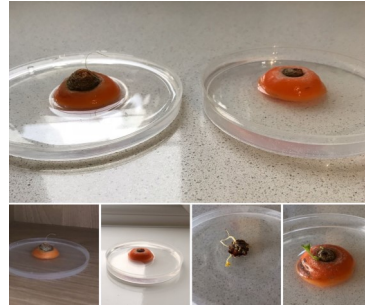
Spot Light on Home Learning



Scarlett's (Squirrels)
Picasso inspired art work



Beth's (Otters) nature picture of a fox made out of leaves and sticks.



Harvey (Otters) is carrying out his own science experiment linking to his plant topic at school. He has put the carrots in different conditions, e.g. with water, without water, with light, without light to see what happens. I look forward to hearing your results Harvey.



Jayden, Karamveen, Jaiya, Indie-Rose, Riley and Sinead designed an agility course for Scribbles to complete. We were all very impressed with how Scribbles quickly followed instructions.



Miguel (Foxes) and Henrique (Butterflies) have been enjoying an indoor picnic during their home learning break.



Max (Foxes) was challenged by Mrs Shirley to build a fort in his back garden.

Spot Light on Art with Mrs Lawson



We know that we have many talented artists in the Heathcote community. It has been wonderful seeing many of you using your artistic talents at home.

If you haven't done so yet (we know you are very busy!) here are some simple suggestions you might like to try. You don't need lots of materials or equipment to 'do' art, as there are many forms of art.

1. Make art in your garden by collecting natural and man-made objects and using them to create **land art** on the floor. You could make big funny faces, strange animals or just patterns. You can also do this in the house with toys, clothing, other household objects. Send us some photos of your 'land' art. Remember to put everything back once you have finished!

2. Improve your **photography** skills. Take photos of nature in your garden or people in your family. Can you edit the photos and investigate using different effects on your device?

3. Why not visit a **gallery**? (Online of course!) Have a look at **'Tate Kids'**. I love it!

Here is my latest creation. It is the Mother's Day 'card' I made for my Mum.

I decided to make a spring 'door hanger' so she can keep it up for a while. I recycled lots of different things to make it; scrap card, wrapping paper, buttons, ribbon and dried flowers.

Remember to make cards for special people and their celebrations. If you can't give them to them or post them, send them a photo of what you have made with a lovely message.

