Thursday **ACRO-GYMNASTICS** 12th September 2019

Years: All years welcome

£58.50

Do you Love **Acro-Gymnastics**? If yes then you will love our brand new afterschool club. This term in Acro-Gymnastics club; you will be entering the circus and becoming acrobats. Learn new Tricks, Lifts and Balances with your class mates. Learn new routines; work on cartwheels, forward rolls, bridges, forward walk overs and much more in this amazing after school club.

Students Name and Age:…………………………………………………………

Any Medical Conditions:……………………………………………..

Contact Number:………………………………………………………..

Payment made to the school please.

**Contact details:**

Kerry Childs

07855533442

Kerrychilds1989@outlook.com

**EXCITING NEW CLASSES!**

We have some brand new classes starting after school on a Thursday evening on Thursday 12th September!

**Acrotrix:** Gymnastics based classes which include lifts, tumbling and gymnastics. We will work on routines and drills in the classes.

**Dance Fusion:** A dance class that combines three different genres of dance; Street Jazz, Commercial and Contemporary. We will create different routine for the different genres used.

3:15-4:00pm Acrotrix After school club for All years @ Heathcote Primary School

4:00-4:45pm Dance Fusion: Street Jazz, Commercial and Contemporary

Ages 6-11 years

4:45-5:30pm Acrotrix Intermediate

Ages 6-11 years

5:30-6:15pm Acrotrix Advanced

Ages 12 years plus

6:15-7:00pm Dance Fusion: Street Jazz, Commercial and Contemporary

Ages 12 years plus

7:00-7:30pm STREET DANCE CREW (Invitation only)